



LAPAL HOUSE
AUGUST 2017 ACTIVITIES PROGRAMME



TUES 1ST 9.30 A.M. GAIL WITH GENTLE MESSAGES
 JOIN US IN A GAME WITH THE MEMORY BALL AT THE HOUSE
 10 A.M. – 12 P.M.
 DOCTORS WEEKLY SURGERY TODAY.
 1.15 P.M. – 1.45 P.M. WALKING CLUB MEET AT THE LODGE
 2 P.M. – 3.45 P.M. VARIETY OF CRAFTS ‘YOU CHOOSE’ AT THE HOUSE.



WED 2ND CHIROPODY WITH GAIL IN THE TREATMENT ROOM TODAY.
 10 A.M. – 12 P.M. BEAUTY AT THE HOUSE WITH PAT.
 1.15 P.M. – 1.45 P.M. WALKING CLUB MEET AT THE LODGE.
 2 P.M. – 3 P.M. DAVID DANTON’S’ MUSIC AND QUIZ IN THE ORANGERY.



THUR 3RD 10 A.M. – 12 P.M. ENJOY A GAME OF BINGO WITH PAT IN THE ORANGERY.
 HAIRDRESSING DAY WITH KIM IN THE SALON.
 1.30 P.M. - 4 P.M. MINI BUS TRIP AROUND THE JEWELLERY QUARTER AND BIRMINGHAM.



FRI 4TH PAT WILL BE AROUND WITH THE TROLLEY BETWEEN 10 A.M. AND 11 P.M.
 1.15 P.M. – 1.45 P.M. WALKING CLUB MEET AT THE LODGE.
 2 P.M. – 3.30 P.M. ENJOY OF TASTING SESSION WITH ‘NAME THE HAM’ AT THE HOUSE.



SAT 5TH MOVIE AFTERNOON IN THE GARDEN ROOM WITH NETFLIX CHOOSE YOUR FILM.



SUN 6TH 2.30 P.M. CENTRAL METHODIST CHURCH SERVICE IN THE ORANGERY, ALL WELCOME.



MON 7TH 10 A.M. – 12 P.M. CRAFTS WITH PAT, CUTTING OUT PATTERNS.
 1.15 P.M. – 1.45 P.M. WALKING CLUB MEET AT THE LODGE.
 2 P.M. – 3.45 P.M. VARIETY OF GAMES WITH PAT AT THE HOUSE.
 2 P.M. KNIT AND NATTER WITH BRENDA AT THE LODGE.





TUES 8TH 9.30 A.M. AROMATHERAPY WITH GAIL.
 10.30 A.M. – 11.30 A.M. TAI CHI WITH ALAN IN THE ORANGERY.
 DOCTORS WEEKLY SURGERY TODAY.
 2 P.M. – 3.45 P.M. FLOWER ARRANGING WITH PAT AT THE HOUSE.

WED 9TH ***HAPPY BIRTHDAY TO BARBARA BATES***
 HAIRDRESSING DAY WITH KIM IN THE SALON.
 10 A.M. – 12 P.M. BEAUTY WITH PAT THE LODGE
 1.15 P.M. – 1.45 P.M. WALKING CLUB MEET AT THE LODGE
 2 P.M. – 3 P.M. THE MIDDLETONS HERE TO ENTERTAIN YOU IN THE ORANGERY.

THUR 10TH 10 A.M. – 12 P.M. QUIZ AND REMINISCES WITH PAT AT THE HOUSE.
 1.30 P.M. 4 P.M. MAGICAL MISTRY MINI BUS TRIP.

FRI 11TH ***HAPPY BIRTHDAY TO JOYCE BASTABLE***
 PAT WILL BE AROUND WITH THE GOODIE TROLLEY THIS MORNING.
 1.15 P.M. – 1.45 P.M. WALKING CLUB MEET AT THE LODGE.
 2 P.M. – 3.30 P.M. JOIN US FOR A CHEESE AND WINE AFTERNOON IN THE ORANGERY.

SAT 12TH 2 P.M. MOVIE AFTERNOON IN THE GARDEN ROOM.

SUN 13TH SONGS OF PRAISE ON TV EARLY EVENING.

MON 14TH 10 A.M. – 12 P.M. CRAFTS WITH PAT MAKING BOOK MARKS AT THE HOUSE.
 1.15 P.M. – 1.45 P.M. WALKING CLUB MEET AT THE LODGE
 2 P.M. KNIT AND NATTER WITH BRENDA AT THE LODGE.
 2 P.M. – 3.30 P.M. JOIN PAT FOR A VARIETY OF CRAFTS AT THE HOUSE.

TUES 15TH 9.30 A.M. GAIL WITH GENTLE MESSAGES
 10 A.M. – 12 P.M. JOIN PAT FOR A GAME WITH THE MEMORY BALL AT THE HOUSE.
 DOCTORS WEEKLY SURGERY TODAY.
 1.15 P.M. – 1.45 P.M. WALKING CLUB MEET AT THE LODGE.
 2 P.M. 3.30 P.M. VARIETY OF GAMES/AND OR CRAFTS WITH PAT AT THE HOUSE.

WED 16TH ***HAPPY BIRTHDAY TO MARGARET SIMMONS***
 CHIROPODY WITH GAIL IN THE TREATMENT ROOM.





10 A.M. – 12 P.M. BEAUTY WITH PAT AT THE HOUSE.
 1.15 P.M. – 1.45 P.M. WALKING CLUB AND AT HOUSE RECEPTION.
 2 P.M. – 3 P.M. JOIN DAVID DANTON FOR HIS QUIZ AND MUSIC IN
 THE ORANGERY.



THUR 17TH

10 A.M. – 12 P.M. ENJOY A GAME OF ‘FAMOUS FACES’ WITH PAT IN
 THE ORANGERY.
 HAIRDRESSING DAY WITH KIM IN THE SALON.
 1.30 P.M. – 4 P.M. MINI BUS TRIP TO CANNON HILL PARK WITH PAT
 AND ROB.



FRI 18TH

10 A.M. PAT WILL BE AROUND WITH THE GOODIE TROLLEY.
 1.15 P.M. – 1.45 P.M. WALKING CLUB MEET AT THE LODGE
 2 P.M. – 3.30 P.M. SINGALONG AFTERNOON, WITH JAM AND
 SCONES!



SAT 19TH

WATCH A FILM IN THE GARDEN ROOM WITH A LITTLE TIPPLE!!



SUN 20TH

ENJOY THE SUNDAY PAPERS AND THE PEACE AND QUIET.



MON 21ST

10 A.M. – 12 P.M. CRAFTS AT THE HOUSE ‘CREATING COLLAGE OF
 FLOWERS’
 1.15 P.M. – 1.45 P.M. WALKING CLUB MEET AT THE LODGE
 2 P.M. KNIT AND NATTER WITH BRENDA AT THE LODGE.
 2 P.M. – 3.30 P.M. VARIETY OF GAMES AND CRAFTS WITH PAT AT THE
 HOUSE.



TUES 22ND

HAPPY BIRTHDAY TO MARGARET BOSWORTH

9.30 A.M. AROMATHERAPY WITH GAIL.
 10 A.M. – 11 A.M. GENTLE EXERCISE WITH PAT AT THE LODGE,
 FOLLOWED BY THE SAME CLASS AT THE HOUSE.
 DOCTORS WEEKLY SURGERY.
 1.15 P.M. – 1.45 P.M. WALKING CLUB MEET AT THE LODGE
 2 P.M. – 3 P.M. ‘RON’ WILL BE HERE TO SING FOR YOU IN THE
 ORANGERY.









WED 23RD





VISIT KIM IN THE SALON FOR A NEW HAIRDO!
 10 A.M. – 12 P.M. BEAUTY SESSION WITH PAT AT THE LODGE
 1.15 P.M. – 1.45 P.M. WALKING CLUB MEET AT THE LODGE.
 2 P.M. – 3.30 P.M. MUSIC AND SINGALONG AT THE HOUSE WITH PAT.












 THUR 24TH PAT GOES ON HOLIDAY TODAY!
 ASK THE STAFF FOR THE COLOURING BOOKS AND CREATE
 SOMETHING BEAUTIFUL.
 A MEMBER OF STAFF WILL TAKE YOU FOR A WALK SHOULD ANYONE
 WISH TO GO.
 1.30 P.M. – 4 P.M. MINI US TRIP.






 FRI 25TH 2.45 P.M. – 3.45 P.M. JOIN NICK IN THE ORANGERY FOR AN EXERCISE
 CLASS.






 SAT 26TH **CONGRATULATIONS TO HANNAH AND CRAIG ON THEIR WEDDING**
 **DAY.**
 ENJOY SOME POPCORN DURING THE FILM AFTERNOON IN THE
 GARDEN ROOM.

 SUN 27TH ENJOY SOME FREETIME.
 SONGS OF PRAISE ON TV EARLY EVENING.

 MON 28TH 2 P.M. – 3 P.M. MATTHEW RICHARDS WITH HIS UKULELE IN THE
 ORANGERY.
 2 P.M. KNIT AND NATTER WITH BRENDA AT THE LODGE.

 TUES 29TH 9.30 A.M. GAIL WITH GENTLE MESSAGES
 DOCTORS SURGERY TODAY.
 2 P.M. – 3 P.M. SHAWN CLIFFORD WILL BE HERE TO SING FOR YOU IN
 THE ORANGERY.

 WED 30TH 10 A.M. PATS' BACK FROM HER HOLIDAYS, SO SHE WILL BE DOING
 BEAUTY AT THE LODGE AT 10 A.M.
 1.15 P.M. – 1.45 P.M. WALKING CLUB MEET AT THE LODGE.
 2 P.M. – 3 P.M. JOIN DAVID DANTON IN THE ORANGERY FOR A QUIZ
 AND SOME MUSIC.

 THUR 31ST 10 A.M. – 12 P.M. QUIZ AND REMINISCENCE WITH PAT AT THE
 HOUSE.
 HAIRDRESSING WITH KIM TODAY IN THE SALON.
 1.30 P.M. MINI BUS TO CLENT HILLS, REFRESHMENT SERVED ON
 BOARD.

