

LAPAL HOUSE PROGRAMME OF EVENTS
FEBRUARY 2019

- FRI 1ST 9 A.M. GAIL WITH AROMATHERAPY MESSAGES.
11 A.M. MUSIC CLUB WITH PHIL SAYER IN THE
ORANGERY
2 P.M. – 3 P.M. CRAFTS WITH SUE AND BRENDA AT
THE HOUSE.
- SAT 2ND 2 P.M. FILM CLUB IN THE GARDEN ROOM
- SUN 3RD 2.30 P.M. CENTRAL METHODIST CHURCH SERVICE IN
THE ORANGERY – ALL WELCOME
- MON 4TH 10.30 A.M. – 11.30 A.M. DOMINOES WITH SUE AT THE
HOUSE.
2 P.M. – 3 P.M. DAVID DANTON'S MUSIC AND QUIZ IN
THE ORANGERY.
- TUES 5TH **CHINESE NEW YEAR**
9 A.M. GAIL WITH GENTLE MESSAGES
DOCTORS WEEKLY SURGERY TODAY
- WED 6TH 10.30 A.M. HEALTH AND BEAUTY WITH SUE AT THE
LODGE
2 P.M. FOODS FROM AROUND THE WORLD. TODAY IT
IS CHINESE!
- THUR 7TH SUE WILL BE ROUND WITH THE GOODIE TROLLEY
THIS MORNING, AND HAVING ONE TO ONE CHATS
WITH YOU.
1.15 P.M. 'SCALLOP RUN' ON THE MINI BUS TO
BEWDLEY.
- FRI 8TH 9 A.M. AROMATHERAPY MESSAGES WITH GAIL.
10.30 A.M. BINGO WITH SUE AT THE HOUSE.
2.45 P.M. JOIN NICK IN THE ORANGERY FOR A
FITNESS CLASS.
- SAT 9TH 2 P.M. FILM CLUB IN THE GARDEN ROOM.
- SUN 10TH ENJOY SOME FREETIME TODAY

SONGS OF PRAISE ON TV EARLY AFTERNOON.

MON 11TH 9 A.M. CHIROPODY WITH GAIL IN THE TREATMENT ROOM.
10.30 A.M. 'NAME THAT TUNE' WITH SUE AT THE HOUSE.
2 P.M. CRAFTS SESSION WITH SUE AT THE HOUSE.

TUES 12TH 9 A.M. GAIL WITH GENTLE MASSAGES.
POP ALONG TO THE SALON FOR A NEW DO AND GIVE KIM A WARM WELCOME BACK FOLLOWING MATERNITY LEAVE.
DOCTORS WEEKLY SURGERY TODAY.

WED 13TH 10.30 A.M. 'FAMOUS FACES' WITH SUE AT THE HOUSE.
2 P.M. THE MIDDLETONS HERE TO ENTERTAIN YOU IN THE ORANGERY.

THUR 14TH **ST. VALENTINES DAY**
1.15 P.M. MINI BUS TRIP TO STEVENS PARK

FRI 15TH 9 A.M. GAIL WITH AROMATHERAPY MASSAGES.
10.30 A.M. HEALTH AND BEAUTY WITH SUE AT THE LODGE.
2 P.M. CRAFTS SESSION WITH SUE AND BRENDA.

SAT 16TH 2 P.M. FILM CLUB IN THE GARDEN ROOM.

SUN 17TH ENJOY THE SUNDAY PAPERS.
SONGS OF PRAISE ON TV EARLY AFTERNOON.

MON 18TH 9 A.M. CHIROPODY WITH GAIL IN THE TREATMENT ROOM.
10.30 A.M. DOMINOES CLUB AT THE HOUSE WITH SUE.
1.45 P.M. – 2.45 P.M. BOLLYWOOD DANCE COMPANY IN THE ORANGERY.

TUES 19TH 9 A.M. HAIRDRESSING WITH KIM IN THE SALON.
9 A.M. GENTLE MASSAGES WITH GAIL.
DOCTORS WEEKLY SURGERY TODAY.

WED 20TH 11 A.M. JOIN NICK IN THE ORANGERY FOR A FITNESS CLASS.
2 P.M. DAVID DANTON'S MUSIC AND QUIZ IN THE ORANGERY.

THUR 21ST 10.30 A.M. GREY HOUND TRUST WITH PETS FOR THERAPY.
SUE WILL BE ROUND WITH THE GOODIES AFTER LUNCH, FOLLOWED BY HEALTH AND BEAUTY AT THE HOUSE.

FRI 22ND 9 A.M. GAIL WITH GENTLE MASSAGES.
10.30 A.M. QUIZ TIME WITH SUE AT THE HOUSE.
2 P.M. WE ARE OFF TO THE PANTO TO PETER PAN.

SAT 23RD FILM CLUB IN THE GARDEN ROOM.

SUN 24TH SONGS OF PRAISE ON TV EARLY AFTERNOON.

MON 25TH 10.30 A.M. DOMINOES CLUB AT THE HOUSE WITH SUE.
2 P.M. CRAFTS SESSIONS WITH SUE AND BRENDA AT THE HOUSE.

TUES 26TH 9 A.M. HAIRDRESSING DAY WITH KIM IN THE SALON.
9 A.M. GAIL WITH GENTLE MASSAGES.
DOCTORS WEEKLY SURGERY TODAY.

WED 27TH 10.30 A.M. REMINISCENCE AND QUIZ WITH SUE AT THE HOUSE.
2 P.M. – 3 P.M. KAREN-CLAIRE HERE TO ENTERTAIN YOU IN THE ORANGERY.

THUR 28TH SUE WILL BE ROUND WITH THE GOODIE TROLLEY THIS MORNING.
10.30 A.M. RESIDENTS MEETING AT THE HOUSE.
11.15 A.M. RESIDENTS MEETING AT THE LODGE.

1.15 P.M. MINI BUS TRIP TO BARNET HILL GARDEN
CENTRE.

Doubt thou the stars are fire,
Doubt that the sun doth move.
Doubt truth to be a liar,
But never doubt I love.
~ *William Shakespeare*



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