



THE LAPAL HOUSE & LODGE MAY 2019 ACTIVITIES



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FRI 3RD

11 A.M. MUSIC CLUB WITH PHIL SAYER IN THE ORANGERY
2 P.M. CRAFT SESSION WITH SUE AND BRENDA AT THE HOUSE

SAT 4TH

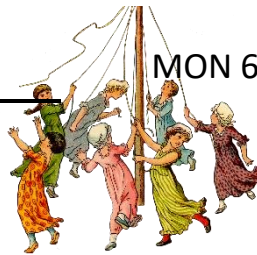
2 P.M. FILM CLUB IN THE GARDEN ROOM

SUN 5TH

FREETIME THIS MORNING
2.30 P.M. CENTRAL METHODIST CHURCH SERVICE IN THE ORANGERY

MON 6TH

BANK HOLIDAY MONDAY
HAPPY BIRTHDAY TO SARAH S
WATCH THE AFTERNOON FILM ON TV



LAPAL HOUSE MAY 2019 PROGRAMME OF ACTIVITIES

WED 1ST 10 A.M. HEALTH & BEAUTY IN THE LODGE WITH SUE
2.45 P.M. JOIN NICK IN THE ORANGERY FOR A FITNESS CLASS

TUES 7TH

HAIRDRESSING DAY WITH KIM IN THE SALON
9.30 A.M. AROMATHERAPY WITH GAIL
DOCTORS WEEKLY SURGERY TODAY

THUR 2ND SUE WILL BE ROUND WITH THE GOODIE TROLLEY THIS MORNING AND DOING LIFE BOOKS WITH ONE TO ONE CHATS
1.15 P.M. MINI BUS TRIP TO BEWDLEY 'ON THE SCALLOP RUN'
7 P.M. VALUATION EVENING IN THE GARDEN ROOM WITH A MEMBER OF THE ANTIQUES ROADSHOW

WED 8TH

HAPPY BIRTHDAY TO BETTY C AND CAROL G
9 A.M. CHIROPODY WITH GAIL IN THE TREATMENT ROOM
10.30 A.M. 'YOU MUST REMEMBER THIS' QUIZ WITH SUE AT THE HOUSE
2 P.M. MIDDLETONES HERE TO ENTERTAIN YOU IN THE ORANGERY





THE LAPAL HOUSE & LODGE

MAY 2019 ACTIVITIES



THUR 9TH **HAPPY BIRTHDAY TO JULIE D**
 10 A.M. LIFE BOOKS AND ONE
 TO ONE CHATS WITH SUE
 AND SHE WILL BE BRINGING
 THE GOODIE TROLLEY
 AROUND
 1.15 P.M. MINI BUS TRIP TO
 WEBBS OF WYCHBOLD

FRI 10TH 10.30 A.M. GENERAL
 KNOWLEDGE QUIZ WITH SUE
 AT THE HOUSE
 2 P.M. FOODS FROM
 AROUND THE WORLD-
 TODAY IS ITALIAN

SAT 11TH 2 P.M. NETFLIX FILM CLUB
 THE GARDEN ROOM

SUN 12TH FREETIME TODAY
 SONGS OF PRAISE ON TV
 EARLY AFTERNOON

MON 13TH 9 A.M. CHIROPODY WITH
 GAIL IN THE TREATMENT
 ROOM
 10 A.M. QUIZ AT THE HOUSE
 WITH SUE
 2 P.M. CRAFTS WITH SUE
 AND BRENDA AT THE HOUSE

TUES 14TH HAIRDRESSING DAY WITH
 KIM IN THE SALON
 9.30 A.M. AROMATHERAPY
 WITH GAIL
 DOCTORS WEEKLY SURGERY
 TODAY

WED 15TH 10 A.M. HEALTH AND BEAUTY
 WITH SUE AT THE HOUSE
 2 P.M. DAVID DANTON
 MUSIC AND QUIZ IN THE
 ORANGERY

THUR 16TH TROLLEY DOLLY WILL BE
 ROUND THIS MORNING
 LIFE BOOKS AND ONE TO
 ONES CHATS WITH SUE
 DURING THE MORNING
 1.15 P.M. MINI BUS TRIP TO
 CANNON HILL PARK

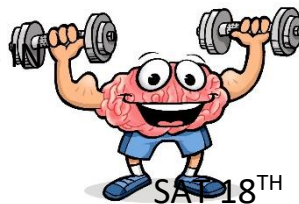
FRI 17TH 10.30 A.M. REMINISCENCE
 WITH SUE AT THE HOUSE
 2.45 P.M. JOIN NICK IN THE
 ORANGERY FOR A FITNESS
 CLASS

SAT 18TH 2 P.M. FILM CLUB IN THE
 GARDEN ROOM

SUN 19TH ENJOY THE SUNDAY PAPERS
 DURING YOUR FREETIME
 SONGS OF PRAISE ON TV
 EARLY AFTERNOON

MON 20TH **HAPPY BIRTHDAY TO LYN W**
 10.30 A.M. DOMINOES CLUB
 AT THE HOUSE WITH SUE
 2 P.M. CRAFTS WITH SUE
 AND BRENDA

TUES 21ST **HAPPY BIRTHDAY TO**
SHIRLEY A
 HAIRDRESSING DAY WITH
 KIM IN THE SALON
 9.30 A.M. AROMATHERAPY
 WITH GAIL





THE LAPAL HOUSE & LODGE

MAY 2019 ACTIVITIES



DOCTORS WEEKLY SURGERY TODAY

WED 22ND 10.30 A.M. GENTLE EXERCISE CLASS WITH SUE AT THE HOUSE
2 P.M. KAREN CLAIRE HERE TO ENTERTAIN YOU IN THE ORANGERY

THUR 23RD SUE WILL BE ROUND WITH THE TROLLEY THIS MORNING
10.30 A.M. TRACEY WILL BE BRINGING THE GREYHOUNDS FOR SOME PET THERAPY
1.15 P.M. MINI BUS TRIP TO WARLEY WOODS

FRI 24TH 10.30 A.M. MEMORIES AND MUSIC WITH SUE AT THE HOUSE
1.15 P.M. NO PUDDING TODAY THE ICE CREAM MAN IS COMING
2 P.M. CRAFTS WITH SUE AND BRENDA AT THE HOUSE

SAT 25TH 2 P.M. FILM CLUB IN THE GARDEN ROOM

SUN 26TH FREETIME TODAY
SONGS OF PRAISE ON TV
EARLY AFTERNOON

MON 27TH **SPRING BANK HOLIDAY**
2 P.M. DAVID DANTON WITH SOME MUSIC AND A QUIZ IN THE ORANGERY

TUES 28TH HAIRDRESSING DAY WITH KIM IN THE SALON
9.30 A.M. AROMATHERAPY WITH GAIL
DOCTORS WEEKLY SURGERY TODAY

WED 29TH 10.30 A.M. BINGO WITH SUE AT THE HOUSE
2.45 P.M. NICK WILL BE HERE FOR A FITNESS CLASS IN THE ORANGERY

THUR 30TH **ASCENSION DAY**
SUE WILL BE DOING LIFE BOOKS AND ONE TO ONE CHATS THIS MORNING AND BRINGING THE TROLLEY ROUND.
1.15 P.M. MINI BUS TRIP TO BRIDGENORTH



FRI 31ST 10.30 A.M. 'NAME THAT TUNE' WITH SUE AT THE HOUSE
2.30 P.M. – 3.30 P.M. SOCIAL HOUR WITH STAFF AND RESIDENTS FOR AFTERNOON TEA

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Birthstone for May is Emerald



Birth sign is Taurus the Bull





THE LAPAL HOUSE & LODGE MAY 2019 ACTIVITIES



FAMOUS BIRTHDAYS

- 1st – 1916 Glenn Ford (Actor)
- 2nd – 1936 Engelbert Humperdinck
- 6th – 1961 George Clooney (Actor)
- 10th – 1899 Fred Astaire (Actor)
- 13th – 1950 Stevie Wonder (Singer)
- 18th – 1920 Pope John Paul 11
- 24th – 1945 Priscilla Presley (Actor)
- 26th – 1907 John Wayne (Actor)
- 27th – 1923 Henry Kissinger (Politian)
- 31st – 1903 Clint Eastwood (Actor)

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## MAY IN HISTORY

- 1<sup>st</sup> – 1939 First Batman comic hits the streets.
- 7<sup>th</sup> – 1940 Winston Churchill became Prime Minster of Britain, with House of Commons votes (477-3)
- 11<sup>th</sup> – 1959 Elvis Presley’s first entry on the UK music charts with “Heartbreak Hotel”.
- 16<sup>th</sup> – 1941 Germans launched their air attack on Great Britain (Birmingham)
- 23<sup>rd</sup> – 1945 Winston Churchill resigns as British Prime Minister.
- 27<sup>th</sup> – 1977 The first all female (20 British women) team reaches the North Pole.

## CONUNDRUMS

- WLEOFRS
- USNIHSNE
- TSLPNA
- MSLSOBO

## Last Month’s Conundrums

- YUNBUN - BUNNY
- ATERSEGSGE - EASTER EGGS
- TEJUSCSHSRI - JESUS CHRIST
- YPAPHESRET - HAPPY EASTER

May's exquisite fragrance  
of lilacs in my room;

Has brought me joy and  
pleasure and kept my  
heart in tune.

The lilies-of-the-valley  
strike up their notes of cheer.  
For Mother's Day and May Day  
are at this time of year.



# THE LAPAL HOUSE & LODGE

## MAY 2019 ACTIVITIES



### Treasure Island

M U S K E T T E L L O M S N I A T P A C T  
 T H E B L A C K S P O T R N E M A E S S L  
 E A S C U R C O S S N O N N A C L E Q I T  
 C I S S A H R E V I A T S A O C O U A O L  
 A I A C E N T E L E A L N D A W I S R A R  
 B S S S H A N F V B D W G S R R N R B I E  
 I R T S R O N O E L M M H Y E T A E U K T  
 N A T I E I O N N E I O U T P P P R C O S  
 B E P N A A G N N B R S R T A S S U C O A  
 O L S T L U F O E E A E N P I B I S A B M  
 Y H P N N O T A D R L L P H S N H A N G R  
 Y A R N I E T R R A B L L E O O Y E E O E  
 C N B C L K L S W I E E N S R J T R E L T  
 I D S E U I W N I B N O S H I P G T R L R  
 O S K S V T E A A P B G M A R O O N E D A  
 W S L E A Y L R H Y O S U R L A W U O I U  
 S E S A E P R A L M W G U I N E A S S L Q  
 T E R P N E M L S E I R E G O R Y L L O J  
 Y V A C L D I O E S N J G O D K C A L B N  
 H C A E B B S O C N N B U R I E D G O L D

- |              |             |             |                |
|--------------|-------------|-------------|----------------|
| ADMIRAL      | CAPE        | ISLAND      | QUARTERMASTER  |
| BENBOW INN   | CAPTAIN     | ISRAEL      | SAIL           |
| APPLE BARREL | FLINT       | HANDS       | SCHOONER       |
| ASHORE       | CAPTAIN     | JIM HAWKINS | SEAFARING      |
| BEACH        | SMOLLETT    | JOLLY ROGER | SEAMEN         |
| BEN GUNN     | CHEST       | LOGBOOK     | SHIP           |
| BILLY BONES  | COAST       | LONG JOHN   | SKELETON       |
| BLACK DOG    | COMPASS     | SILVER      | SPY-GLASS      |
| BUCCANEER    | COVE        | MAROONED    | SQUIRE         |
| BURIED GOLD  | CREW        | MUSKET      | TRELAWNEY      |
| CABIN BOY    | CUTLASS     | MUTINY      | THE BLACK SPOT |
| CANNON BALLS | DR. LIVESEY | PARROT      | TREASURE       |
| CANNONS      | GUINEAS     | PIRATES     | WALRUS         |
|              | HISPANIOLA  | PISTOL      |                |