

# LAPAL HOUSE SAMPLE MENU

## MONDAY

Tomato Soup or Fruit Juice

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Grilled Cod

Boiled Bacon with Parsley Sauce

Roast Chicken & Stuffing

Creamed potatoes

Green Beans & Carrots

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Jam Tart & Custard

Ice Cream

**TEA**

Cheese, Beans, Tomatoes or Sardines on Toast

Jelly & Blancmange

Cake

## TUESDAY

Mushroom Soup or Fruit Juice

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Cottage Pie

Cumberland Sausage

Roast Chicken with Stuffing

Boiled Potatoes

Swede & Peas

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Baked Egg Custard or Yoghurt

**TEA**

Assorted Sandwiches with garnish

Fruit & Cream

Cake

## LAPAL HOUSE SAMPLE MENU

### WEDNESDAY

Vegetable Soup or Fruit Juice  
Roast Chicken with Stuffing  
Roast Pork with Apple Sauce & stuffing  
Roast & Creamed Potatoes  
Cauliflower & Sprouts

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Freshly Stewed Apple & Custard

### TEA

Bacon Sandwiches  
Or Cold Meat salad  
Scones with Cream & Jam

### THURSDAY

Oxtail Soup or Fruit Juice

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Roast Chicken with Stuffing  
Roast Lamb & mint sauce  
Liver & Onions  
Potatoes  
Carrots & Cabbage

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Gateau or Ice Cream

### TEA

Boiled Egg with toast or Jam & Bread & Butter  
Fruit & Cream  
Chocolate Orange Cake

## LAPAL HOUSE SAMPLE MENU

### FRIDAY

Asparagus Soup or Fruit Juice

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Fried Cod with Tartare Sauce

Cheese Omelette

Roast Chicken with Stuffing

Carrots, Peas

Chips

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Fruit Strudel with Cream or ice cream

### TEA

Soup with Bread Rolls & butter

Dreamy Raspberry Nests

### SATURDAY

Minestrone Soup or Fruit Juice

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Braised Steak or Faggots

Roast Chicken & Stuffing

Leeks & Carrots

Creamed Potatoes

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Rice Pudding or Ice Cream

### TEA

Grilled Kippers or

Cheese & onion Sandwiches

Jelly & Ice Cream

Cake

# LAPAL HOUSE SAMPLE MENU

## SUNDAY

Glass of Sherry before Lunch

Mushroom Soup or Prawn Cocktail with lemon wedge

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Roast Beef with Yorkshire Pudding

Roast Chicken with Stuffing

Fresh Cabbage, Cauliflower & Carrots

Roast & Boiled Potatoes

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Fruit Crumble & Custard

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Cheese & Biscuits

## **TEA**

Salmon and Cucumber Sandwiches

Florida Lime Pie

Assorted Cakes